



VOICE OF THE RESIDENTS

Vol. VII, No. 5

Cockeysville, Md.

February 1986

MARTIN RESIGNS

Monday, January 6, 1986

There was but one single topic of conversation at the dining tables on this evening: "Martin has resigned!" This certainly must have been one of the best kept secrets at Broadmead--a place noted for the wild-fire spread of rumors.

We are all sorry to see him go but we all recognize that his 10-year association with Broadmead has placed him in a position to contribute much to other communities. Relatively few persons have had a similar background of experience. He has contributed much but he has also learned much that can be of true value to other communities trying to get started on the right foot. To have dealt effectively with such a heterogeneous assortment of strong-minded and strong-willed persons with a minimum of conflict is no small accomplishment.

Working for and with the Residents has not been the only area of his demonstrated expertise. There have been years of dealing with a not-always-friendly legislature in the interest of Broadmead. A long standing tax problem has been resolved. To date, at least, over-development to the east of the old Towson Nursery property has been held at bay and relationships with the Zoning Board, Health Department, and other governing bodies have been excellent. To accomplish all this has meant long hours in Annapolis and the County Court House. These activities are not too visible to Residents except in terms of problems that do not rise to frustrate us.

There is also a private side to Martin not well known except to those most intimately affected--night-time visits to sufferers on Hallowell Hall, visits to Residents in hospitals and comfort offered to relatives of those in need. Small things in themselves perhaps but true indicators of empathy and compassion above and beyond the prescribed duties of an Executive Director. It will not be an easy task to find someone who can fill his shoes.

Our best wishes will go with Martin in any new endeavor he may undertake. We may be a bit selfish in hoping that he may never find quite so nice a place as this Broadmead he did so much to create.

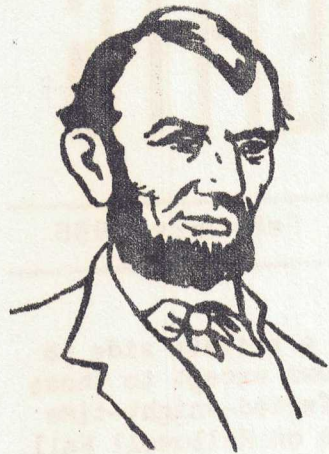
A TRIP TO THE SOUTHWEST

Brave Dave tended bar at the SILVER DOLLAR SALOON, outfitted in eagle feathers, and dispensed advice and headbands to all and sundry. These latter included a large number of single feather wearers (probably tenderfeet) who dropped in for the meal and a large number of Indian maidens, cowgirls and men in Western garb. It was apparent that many of the men must have undergone exquisite torture. Hairs had been removed one by one until a complete scalping resulted.

Tepees were erected in the Dining Room and Lounge; and a special hardwood floor (in lieu of packed clay) was in front of the lodge for square dancing. It might be remarked, "Custer never had it so good; all the natives were friendly."

(Continue on page 5)

FEBRUARY



is a month with more than its share of special observances all over the calendar. The first to note is Lincoln's Birthday which

gets a bit more attention in the North than below the Mason-Dixon Line. In most areas this Birthday is not observed as a holiday and partial recognition is reserved for Presidents' Day.



On the 14th of the month we pay some attention to what seems to have been two Saints of the same name who

were both martyred. The Britannica says that the custom of sending Valentines has no relation to any saint but appears to be connected with the pagan Roman Festival of the Lupercalia which took place in the middle of February. The display of poorly printed "comic" valentines greatly to have diminished. They used to cost a penny each and were usually sent anonymously or under a pseudonym.

February 17th is Presidents' Day which is relatively new and

intended to honor all past Presidents as a group although Washington and Lincoln are still permitted to have days named after them



The last, who was the first, is George Washington honored on the 22nd and who has been subjected to much debunking since the episode of the cherry tree was found to have occurred only in the imagination of Parson Weems. It was a good moral tale and we wonder if it is still in the textbooks. But even if imaginary it did no harm and even have affected a few for the better.

So, for a short month February certainly has its full share of dates to be noted. The month is also observed seriously by the publishers of seed catalogs and hopeful gardeners.

LB

Grist Mills

The "Atlas of Baltimore County" of 1877 shows the intersection of Thornton Mill and York Roads, the Toll House, two unlabeled buildings south of the Toll House and a further building below Thornton Mill Road and at the edge of Western Run. The name that went with the building was T. H. Matthews. Also shown on the map is a Mill Race parallel with Western Run and on its north side. If you do not mind scrambling in dense bush you will find part of the foundation of a building although the Mill Race is mostly filled in and hard to trace.

The county has a large number of roads with such names as Trump Mill, Stansbury Mill, Hunter Mill, Paper Mill, Painter's Mill and, of course, the nearby Thornton Mill. None of these mills are still operating and most have disappeared completely.

The Quaker, Thomas Matthews, owned two mills on Western Run. There seems to be little available information about Thornton Mill but the shell of Willow Mill, further upstream, still survives. It was built sometime between 1845 and 1850 when it appeared on an 1850 map. It is said that the Confederate raider, Harry Gilmer, removed (confiscated or stole) 12 horses from Thomas Matthews in his raid of July 1864. He did not, as sometimes reported, burn down the mill. It was burned out in 1902 when the miller, Ernest Ensor, was awakened by the quacking of ducks on the mill pond. The mill was restored and worked with water power until 1936. In 1924 an advertisement in the Union News indicated that the miller reported that he had "bought and paid for 25,000 Bushels Wheat" and suggested that more business be brought to him.

For more detailed information on the very many county mills, milling and millers see "Grist Mills" by John McGrain (an appropriate name) published in 1930 by the Baltimore County Library.

LB

TAX HELP

Following past practice, Max Hitchman will again offer free help in Income Tax preparation. Max lives in N-11 and can be reached on 628-0333. Residents have been very much pleased with the assistance Max has given. Call early and beat the IRS deadline.

DECORATIONS

Thought you might like to know that over sixty women and men worked to arrange the Christmas decorations. I think the Center looked the BEST yet!!! I am especially proud of the three welcoming lighted outdoor trees and the lovely shining star in our woods. I do hope you saw the lovely lower floor.

May God grant you a healthy and happy 1986!

Mary L. Hibline
Flower Committee

OBSTETRICAL NOTE

Did you know that Gail Whitehead acted as Assistant Midwife at the birth of five lambs?

There were two sets of twins and a lone single. Ewes and lambs are reported as doing well. There has been no reaction from the proud father(s).

LB

IN THE COFFEE SHOP

Do you realize how fortunate we are to have our Coffee Shop? It provides us with an informal eating service in an attractive setting with a range of menu choices. Liz Murphy is our attractive, dynamic Coffee Shop Manager who is full of ideas and has wrought many changes in the operation of the shop.

Do you know that there are lunch hour specials every Tuesday, Thursday and Friday? Do you know that every Sunday evening there is a special soup, salad and sandwich bar? If you miss Sunday dinner, don't worry -- just go to the Coffee Shop between 4:30 and 6:30 P.M. In addition to the salad bar, you'll find two hot entrees as well as other assorted items.

Liz reports that on a recent Sunday evening 95 people came to enjoy the specials of the day. Try it -- you'll like it! There are some physical changes in the serving line that Liz would like to make as soon as budget permits. She is also working with Staff to improve the quality of service and presentation of food.

Your ideas are invited!! Do you have a special dish you would like to have served in the Coffee Shop? Talk to Liz about it. She'd like to include some in her Tuesday menus. What changes would you like? As one suggestion - how about an occasional Sunday morning breakfast buffet?

Let us hear from you.

Vivian I. Cord

BRIDGE AT BROADMEAD

1985 was our sixth successful year of Friday night bridge at Broadmead. 43 different players competed in 50 of the 52 weeks, as Haines Felter repeated his 1984 championship year by edging out Ida Cullison and Erna White.

The top ten ranking players of the year: 1st - Haines Felter, 2nd - Ida Cullison, 3rd - Erna White, 4th - Bobbie Richardson, 5th - Klare Hamburger, 6th - Helen Gibson, 7th - Mildred Williams, 8th - Bob Jones, 9th - Maxie Howlett, 10th - Phil Fagans.

For the first time in Broadmead bridge history a record was kept of partnerships - a minimum of 7 rounds together was required to qualify for a ranking. ~~Erna White~~ and Kitty Berean proved to be the best pair in '85, as the many combinations totaled over 800.

The top ten ranking partnerships: 1st - Erna White and Kitty Berean, 2nd - Haines Felter and Hazel Sauer, 3rd - Haines Felter and Mary Craig, 4th - Ida Cullison and Cy Murphy, 5th - Haines Felter and Maxie Howlett, 6th - Klare Hamburger and Mildred Williams, 7th - Ida Cullison and Erna White, 8th - Ida Cullison and Klare Hamburger, 9th - Helen Gibson and Klare Hamburger, 10th - Kitty Berean and Sam Silberstein.

There were only two partnerships to score more than 10,000 points net for the entire year: 1st - Haines Felter and Ono Lescure - 11,600, and 2nd - Erna White and Kitty Berean - 10,900.



BRAIN GROWTH IN LATE LIFE ?

by Dr. Joseph Adlestein, M.D. *Geriatric Psychiatrist*

Over the years there has been a large number of studies in the psychological and social fields that have clearly indicated that unless incapacitated by specific illnesses there remains the ability as one grows older for continued learning and intellectual growth and development. These studies have indicated such continued capacity for high intellectual functioning is closely related to "exercising" the brain; that is, continuing to be stimulated by activities that require the use of the brain in an intellectual sort of way. Such activities can be very complex and sophisticated such as difficult academic programs or as simple as working out crossword puzzles. Santiago Ramon y Cajal, a neurobiologist, proposed as long ago as 1911 that cerebral exercise could benefit the brain. However, in spite of the psychological and social studies referred to above, scientific evidence of a neuroanatomical or physiochemical basis that the brain continues to develop if properly stimulated by an enriched environment has been lacking, until very recently. In recent years with the advent of highly improved technologies for studying both the structure and functioning of the brain, some interesting studies are beginning to appear that seem to be supportive of this hypothesis of so many years ago.

One of these studies has been reported in a recent issue of *Experimental Neurology*. This study reported the research of a group of scientists at the University of California at Berkley on a population of rats who were 766 days old--which is equivalent in human years to an age of approximately 75. These rats were placed in a stimulating environment (for a rat such an environment contains other rats, rather than being in a solitary cage, who all share a variety of toys such as mazes, ladders, and wheels). They lived in this environment until they reached the age of 904 days. These elderly rats showed changes in their brain cells that indicated increased dimension and activity as well as lengthening of the tips of their dendrites, the branches that receive messages from other cells. Reflecting this increased brain cell activity was

increased intellectual ability in the rats. The rats in this enriched environment became better at learning how to make their way through a maze.

What does all this mean for the aging brain? Dr. Walsh, a psychiatrist at the University of California Medical School at Irvine who also does research in this field stated in an interview "there is much more neural flexibility in old age than we imagined...The changes in brain cells have been found in every species investigated to date, including primates. They certainly should occur in humans as well...We've been too negative in how we view the human brain. Nerve cells can grow at any age in response to intellectual enrichment of all sorts, travel, crossword puzzles, anything that stimulates the brain with novelty and challenge."

The above item from the Bethany Villager was suggested by Mildred Beck as of possible interest to Residents. Don't give up hope.

(Continued from Page 1)

The Show Case was decorated with Western artifacts; walls were adorned with posters and hangings from the Southwest. Ten gallon hats, sombreros, six guns and serapes were everywhere and even a Dance Hall Girl was to be seen. On the salad bar were greens from the Red River Valley and Western Omelets and Chili were on the steam tables.

Major credit for our trip to the Southwest goes to Cowgirl Nancy Grant who must have seen a great distance on her late balloon excursion.

INTERNATIONAL DEBT

"Why do some countries have trouble paying back their international debts and some do not?" "Why are some debts funded?", "Why do banks loan money even to poor risks?" These and many more questions were answered at the Discussion Group when Carlyle E. Justus spoke on the "Impact Of International Banking And Investments."

First, he explained that there are both debts owed by private enterprises and those owed by governments to different banking institutions. There are also investments that take place between the citizens of different countries because it is good business to do so. This is the present situation with the United States, when large numbers of Europeans and Japanese are investing heavily in American real estate and industries because interest rates are high.

Mr. Justus is a vice-president and manager of the International Banking Department of Equitable Bank. Before coming to Baltimore he served with the First National Bank of Chicago, Banque Nationale de Paris, and the Canadian Imperial Bank. He spoke here on January 7, 1986.

"The culture and habits of a people have a great deal to do with their habits of working, saving, and managing their resources," Mr. Justus explained. The Japanese, it was pointed out, save the highest percentage of their income - larger than the United States - and thus have the resources for investment and for meeting international obligations.

"A country may also have money problems because it is poor, or low in rainfall or other

natural resources; because it suffers some natural catastrophe such as a disastrous earthquake; or because of a change in politics. Cuba, for instance, has repudiated its debt to the US."

"Why do American banks, knowing that some countries are high risks, lend to them?" a questioner asked. The speaker suggested more than one reason, including among them, the competition among banks, first concern about earning the high interest that foreign countries pay and sometimes an accommodation to advance American or "Good Neighbors" policy.

When a debtor nation has more international debts than it can meet - often more than the annual revenue of the country - then such a country is forced to fund its international debts and get a new loan at adjusted rates, often lower interest.

Part of Mr. Justus' talk was devoted to showing how banks are now trying to evaluate the risks that foreign countries may represent and are using new tools in order that they may not be caught in fiscal trouble in the future as they have been in the past.

G. James Fleming

FUTURE DISCUSSIONS

On Tuesday, February 4, a new series of lectures and discussions will be started by the Discussion Group under the general topic of "Public Policy And National Security." The first speaker will be Dana B. Caro, special agent-in-charge of the FBI for the Baltimore District. His subject is "Problems of Espionage, Sabotage, Terrorism, and Subversion."

The Discussion Group meets at 9:30 A.M. in the Auditorium. All are welcome.

GJF

New Residents

HOKUF, STEVE and GENEVA - P-2, 667-6596

Both the Hokufs were born in Nebraska and attended the University of Nebraska. Steve received a master's degree from the University of Wyoming and a doctorate from Columbia University. He has spent his entire career in physical education having played as well as coached professional and collegiate football. He came to Baltimore in 1958 as Athletic Director and Head of the Physical Education Department at the Community College of Baltimore.

Geneva, a Kappa Delta at Nebraska, has played the noble role of housewife, raising a daughter who lives in New York State with her husband and three daughters.

The Hokufs are avid golfers and list as additional hobbies swimming and flower arranging.

--Betsy Griffin

In Memoriam

JOHN STOKES

December 3, 1903 - December 27, 1985

CAMERA CLUB

The Camera Club Meeting on Thursday, February 13th will show a film on "The Film/Paper Story" filled with valuable information - both entertaining and educational (20 minutes). Anyone interested is welcome. The Photography Room on the Lower Level 4:45 - 6:00 P.M.

Don't forget to submit a photo of any trips you took in 1985 for a Spring Bulletin Board Display!

Miracle At Broadmead

When I came to Broadmead, I counted on many things and have found my expectations fulfilled.

I did not, however, anticipate miracles. Now I have discovered they are here, too, thanks to the extraordinary powers of at least one member of your staff.

Some 42 years ago I lost a valuable watch which also had great sentimental value. The watch was given to me by my husband's father who had purchased it for me while on a trip to Paris.

A diligent search failed to find the watch and, in due course, an insurance claim was filed. The insurance company honored the claim and I used the money to buy a fur coat, long since gone. That was back in the 1940's.

Earlier this month Phyllis of the housekeeping staff came to my apartment to vacuum the furniture. She did a superb and thorough job--so thorough that she found the long lost watch deep inside my favorite chair!

Although that chair had been cleaned many times and slip-covered, it obviously had never been cleaned as thoroughly as this time. Deep inside it Phyllis came across what had been a small silk bag. The bag was literally in shreds, but inside those shreds was my beloved watch. And it still runs!

What can I say?

Where, except at Broadmead, is there someone like Phyllis whose cleaning techniques are so extraordinary that even a 42-year-old lost watch does not escape her.

--Mary E. Dunn

New Library Project

One of Broadmead's richest resources is its library.

At the end of 1985 there were 6,385 catalogued volumes, and another 2,000 volumes are in the process of being catalogued. Books are added to the shelves each week.

Among this wonderful collection are gems from the libraries of Broadmead residents. But given the limited space they are hard to find on the shelves.

The Library Committee is initiating a project which will take off the shelves each month selected volumes of fiction and non-fiction for special attention. They will be placed on the counter near the dictionaries and labelled: THIS MONTH'S GOOD READING.

About 20 books will be selected each month -- more if the demand warrants. They will include old favorites, newer ones, unusual books, and those that committee members consider readable and worthy of attention.

The Committee hopes that this will be helpful for residents who find browsing in the library difficult and that it will highlight many of the library's treasures. These books will circulate in the regular manner.

A list of these selected books will be posted which will include a short description of each.

Following is a sample of the books selected for February:

NON-FICTION

A Man Named John -- The Life of Pope John XXIII. By Alden Hatch.

British Agent. By Bruce Lockhart.

Lady Sackville. By Susan Mary Alsop.

Out of Africa. By Isak Dinesen.

FICTION

The View From Pompeys Head. By Hamilton Baise.

Kings Highway. By Lucille P. Borden.

The Bridge of San Louis Rey. By Willa Cather.

The Scapegoat. By Daphne Du Maurier.

#####

ALTERNATIVE TYPE

The last issue of the VOICE had an article printed in a type face called "English Super Grand 10." Readers were asked for an evaluation. The reasons for the experiment were that, as everyone knows, a fair number of Large Print books are circulated at Broadmead and that everyone cannot read small type. It must be admitted that "Super Grande" is not an elegant type-face as it is narrow, spare and seems crowded. The number of letters per inch is the same as with the smaller type-face.

There was no overwhelming response to the request for an evaluation. So far, responses are even but it appears that those with some reading difficulty preferred the larger type. There may be further experiments. However, for those with reading difficulties the VOICE is placed on tape each month. See Stan Tepper if you would like to hear or borrow the tape.

A CASE OF NOSTALGIA

9

A young friend was gloating over two of his Christmas presents: one was a "synthesizer" and the other a video tape of a recent movie not noted for its artistic qualities.

The "synthesizer" was an electronic gadget with which he could make all kinds of sounds some of which were musical. The video tape was of a movie which will not be advertised here but it contained a scene in which a person was fed into a food processor and instant-converted into a puree. The real joy, however, was that the tape could be slowed down so that the puree-ing could be seen in slow motion and in color - georgeous and gory ! !

The exhibit in the Bill Muth Memorial Showcase was of a different age. Toy soldiers mutilated by time and war games were in proper marching order. They had been mutilated by time and war games but still walked proud.

The dolls the kind with porcelain faces and real hair. They had obviously been well loved even if they did not simulate bed-wetting. Teddy bear was also there as was an old cradle for the tired ones.

The old books that had been carefully preserved for many years showed hard useage and had probably been learned almost by heart. In spite of all of today's elec-

tronic marvels it is great to note that many of the current crop of grandchildren still enjoy a book at Christmas. If we choose well our gifts may someday grace a Memorial display.

Grandparents often note that kids who have all the latest in electronic marvels often turn to plain blocks and imagination just as we used to do. What the exhibit lacked was one of the best reminders of the toys of our youth: THERE WERE NO BATTERIES ! !

1b

VOICE OF THE RESIDENTS

Published by and for
the Residents Assn. of Broadmead
Winifred Kinn, President

EDITORIAL

G. James Fleming, Founding
Editor

Leopold Bridge, Editor
Dorothy Graham) Asst.
Helen-Mary Overstreet) Editors
Nancy Rowe, Nature Editor
Margaret Bouchelle
Vivian I. Cord
Helen Criley
Elizabeth Gilpin
Kathaleen V. Kennedy
Draza Kline

PRODUCTION AND CIRCULATION

Franc Beck
Betsy Griffin
Esther Mahan
David McIntyre
Elizabeth Mercer
Cy Murphy
Margaret Tylor
Mildred Tyson, Treasurer

Mailing Address: Broadmead D-3
13801 York Rd., Cockeysville, Md.
21030

Programs

(In the Auditorium unless otherwise noted).

SATURDAY, FEBRUARY 1 - 7:15 - North Carroll Ensemble, in the Lounge

MONDAY, FEBRUARY 3 - 7:15 - Randallstown High School Choir, in the Lounge

TUESDAY, FEBRUARY 4 - 9:30 - Discussion Group: "Domestic Problems of Espionage, Sabotage, Terrorism, and Subversion" - talk by Dana B. Caro, special agent-in-charge, Baltimore District, FBI

TUESDAY, FEBRUARY 4 - 11 to 4 - Hobby and Craft Show, in the Recreation Room

WEDNESDAY, FEBRUARY 5 - 10:30 - Sew-and-So Group: "Contemporary War" - talk by Chuck Baldwin, in the Sewing Room

SATURDAY, FEBRUARY 8 - 7:15 - "Our Changing Atmosphere and Its Ecological Implications" - talk by Mal Gross

MONDAY, FEBRUARY 10 - 10:30 - Fire-side Chat

MONDAY, FEBRUARY 10 - 7:15 - "The Search for Vanilla and Birds" - slide-talk by Hank Kaestner

SATURDAY, FEBRUARY 15 - 7:15 - "Canada - A Holiday in Pictures" - film by Eastman Kodak

MONDAY, FEBRUARY 17 - 7:00 - Trustees Welcome Coffee, in the Lounge

TUESDAY, FEBRUARY 18 - 9:30 - Discussion Group - discussion of previous talk

WEDNESDAY, FEBRUARY 19 - 10:30 - Sew-and-So Group: "The Hebrew Epic" - tape and comments by Kathleen Kennedy, in the Sewing Room

SATURDAY, FEBRUARY 22 - 7:15 - "Nicaragua, August 1985" - talk by Alice and Staughton Lynd

SUNDAY, FEBRUARY 23 - 4 to 5:30 - High Tea in the Lounge

THURSDAY, FEBRUARY 27 - 11 - "The Prophets and the Passion of Jesus" by Dr. Vanlier Hunter

Program Notes

The North Carroll High School Ensemble who brought their own sound system last year and gave us a near-Broadway performance of song and dance will return on Saturday, February 1.

Our Science Researcher-in-Residence, Mal Gross, will give us another program. This one is on "Our Changing Environment and Its Ecological Implications." (2/8)

Last year Hank Kaestner gave us a slide-talk on "The Search for Cinnamon in Sumatra." His new program is "The Search for Vanilla and Birds." (2/10)

The Residents who saw the film on the Alps last summer will know to expect a high quality of interest and photography from the Eastman Kodak film on "Canada - A Holiday in Pictures." (2/15)

Three years ago the son-in-law of Residents Harry and Mary Cushing Niles, Staughton Lynd, talked on the closings of Youngstown's Steel Mills. On February 22, he and his wife Alice will tell of their visit to Nicaragua in August, 1985.

D. Graham